

Issue No. 36

June 2022

# The Monthly Post



**Oshwal Academy**  
Nairobi & Mombasa





## Head's Message

**W**e love to celebrate our learners' success, watch their talents, and be grateful to God for having them in our lives.

These glittering faces are the bright future of our country's tomorrow. The promotion of their milestones and goals achieved is always a pleasure for us.

Our dynamic early years program, co-curricular activities as well as the superb school infrastructure and facilities complement students' overall development.

All learning activities provide fun learning and thematic teaching structure designed to engage children of all abilities.

Our school believes in enhancing academic excellence along with the development of qualities like teamwork, adaptability, leadership skills, confidence, determination, respect, and moral values.

For all the parents who are already with us and those who are willing to join us, please read a special message for you.

Kindly enjoy the magical events and always remember that when you are in this loving school, consider yourself as one of the special members of an extraordinary family.

“ Our dynamic early years program, co-curricular activities as well as the superb school infrastructure and facilities complement students' overall development. ”

*Mrs. Roosma Mali*  
Head of School  
Nursery Campus





## WORLD ENVIRONMENTAL DAY

Oshwal Academy Nairobi Nursery organized 350 plus Avocado plantation at the 12 Engineers Battalion Thika Army Barracks on Friday, 3rd June, Wednesday, 8th June and Thursday, 9th June 2022.

Our learners planted as part of our objective to encourage everyone to maintain the environment, protect trees and our surroundings while also celebrating World Environmental Day.

The most pressing issues we face in today's world are sustainability and environmental protection. Mother Nature provides all of life's essentials, and we are glad that our

learners met the Army officers and learnt various crucial values at a very early age.

Our students had the opportunity to meet Major Ndoor and others Army Officers while planting trees. For them, it was a completely different, thrilling experience and learning opportunity.

We must acknowledge the tireless efforts of these soldiers who serve our motherland and thus they were supported with Avocado fruit plants which are not only high in potassium but also boost immunity.

Heartfelt thanks to Oshwal Education and Relief Board for donating Avocado plants and to support Prof. Wangari Maathai's legacy.



## RECEPTION LESSON GOOD TOUCH AND BAD TOUCH

**L**earners had a very engaging and interactive lesson on good touch and bad touch.

Children must learn tools to protect themselves from people who harm them through physical touch, sexual or otherwise to prevent/reduce the risk of sexual abuse and boundary violation.

The lesson objective was: To help children distinguish the difference between good and bad (appropriate or inappropriate) touch.

To affirm a child's right to say no to an adult/person who makes them feel uncomfortable.

They also learnt that the word NO is extremely a powerful word. Using our voice and the word NO are effective ways to establish a boundary.



## FATHERS DAY

**O**n June 10th 2022, all of our classes - Play Group, Preschool, Kindergarten Reception, and IED - celebrated Father's Day.

The kids enjoyed watching their fathers participate in athletic activities and few participated in playing with their fathers.

When the students gave their fathers greeting cards, it was very emotional and loving moment.

Both the fathers and the kids were seen to be happy. Such overwhelming experience that improves relationships.



## PLAYVILLE

This is a multi-sensory play which gives younger children a taste of perceived risk with safe, fun activities designed just for them and helps develop balance skills, encourage discovery with activity panels, and stimulate them with motion activities.

Sensory equipment enriches the play experience for children of all ages by engaging a child's sight, hearing, touch and vestibular senses.

Our play Ville event was on 11th June 2022. The turn-up was good the children and the parents who turned up benefited a lot. The event was successful with excitement and beneficial activities.



## TOY LIBRARY

We have a beautiful library and resources for learners. We had invited learners to have a structured play and enjoy with these toys.

This platform helped the learners to build nerve connections in the brain, encouraged the development of motor skills, 'scientific thinking' and problem solving, and supported language development.

It involved mindful activities which are beneficial for all children. Our play, jump and build event was on 7th May 2022.





## SENSORIAL PLAY FOR EXCEPTIONAL CHILDREN

**S**ensory activities are excellent for all new-born and toddlers, but they are especially beneficial for children with special needs.

While each child has their own preferences, most find it both enjoyable and relaxing, and it can aid their development in a variety of ways.

As one of the top schools with an Inclusive Education Department for Exceptional Learners, we had invited all the children with special needs living in Nairobi to use our facilities and enjoy the resources during the Sensorial Play Event on Saturday, 18th June 2022.

We had planned a variety of sensory activities like Fine motor skills, Barefoot walk, Lego play, Tactile play on table, Sandpit, and Field play for children aged 3.5 to 7 years old.

At our school we welcome students with any condition except vision and hearing impairment. This play has undoubtedly benefited children and was educational for all parents in attendance.



## SANSKRITI MAHOTSAV

**H**indu Council of Kenya planned a large event to showcase the culture and diversity of Hinduism on Saturday, 25th June 2022, and Sunday, 26th June 2022.

On both days, our students had participated. Our students kicked off the celebration on June 25th with a prayer dance and on June 26th, they took part in the march past while dressed in vibrant costumes to represent Indian culture.

For our students, it was a thrilling experience and a moment of pride for their parents.





# LEGO PLAY, MUSIC & MOVEMENT

**E**verything is awesome, everything is cool when you are part of a TEAM. Everything is awesome, when you're living out a DREAM.

Oshwal Academy Nairobi Nursery is a school that offers a wide range of programs. It not only provides chances for our students but also for their parents to participate and experience the joy of teaching and learning.

This unique event Lego Play, and Music & Movement was OPEN TO ALL learners living in Nairobi. Learning is a constant process in human existence, but when excitement and enjoyment are included, it becomes endless, and we never grow tired of it.

So, we involve families in meaningful ways and let them benefit from our quality resources and facilities. We lay emphasis on positive relationships among students, teachers and parents.

Our educational system is a play-based, global approach and thus develops acquired skills and critical thinking in learners at an early age.

All participants appreciated the Lego play and Musical & Movement events that were held on Saturday, 25th June 2022. The teachers grouped the activities into appropriate categories and ordered them to raise the excitement. We are happy







**OSHWAL ACADEMY  
NAIROBI - NURSERY**  
'PUTTING CHILDREN FIRST'

# 2022 ADMISSIONS NOW OPEN

AGE 1½ TO 6 YEARS

**ENROLL  
NOW**

Playgroup

Preschool

Kindergarten

Reception

Inclusive  
Education  
Department

## WHY US

- ✓ Child friendly environment.
- ✓ Skill based learning.
- ✓ Highly trained and experienced faculty.
- ✓ Wide range of co-curricular activities.
- ✓ Exposure to digital literacy - Pearson's Active Learn & Education City.
- ✓ Smooth transition to year one.
- ✓ Offers early intervention /inclusive program for learners with special needs.
- ✓ Superb infrastructure and facilities.
- ✓ Child friendly learning environment.
- ✓ 12000+ learning books and educational toys for learners.
- ✓ Library subscription, Swimming and Horse-riding lessons are free.
- ✓ Children from diverse culture are welcome.
- ✓ Free breaktime snacks and lunch.
- ✓ Open door policy.



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Jolly  
Phonics



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# KSF Gala (Kenya Swimming Federation)

This was held on 3rd June 2022 at Sabis School, Runda. Once again, our athletes did us proud and bagged several medals and certificates for the different entries.

The boys team emerged Second overall while the Girls team was First overall.



Year 3 Boys winners



Year 3 Girls Winners



Year 4 Boys winners



3 Year 4 Girls winners



Year 5 Boys winners



Year 5 Girls winners

IED Winners



# Annual Cross Country

**T**he cross-country at Karura Forest was for Yr. 3 to 6 and able IED students.

The results were announced to the children on Friday 3rd June 2022 after the Mid-term break.

Boys and Girls winners for Yr.3 to 6 and one for IED were awarded medals for position 1, 2 & 3 respectively.

The house with the least points, Venus House were the overall winners for the year 2021/2022



# World Environment Day

On Friday 3rd June, 2022, we observed the World Environment Day by planting 40 fruit bearing tree saplings on our school compound.

The School Management Committee Member present Mr. Hemal, the CEO Mr. Vishal Galaiya and the Academic Consultant Mrs. Jyotsna Chotai joined the students in planting the trees.

Each class promised to care for their tree sapling by reporting its progress to their class teacher for further follow up with the school gardeners.



## Taekwondo Grading

Taekwondo is a progressive activity and requires participants to be graded along their practice sessions.

The coaches, Black Heroes Taekwondo Academy, were given the mandate to conduct Taekwondo training and exams in schools by Hyuyang Center Limited.

This grading exercise was conducted on 18th June 2022 from 10.00am to 12noon. Most children doing taekwondo activity in the school were tested and graded by external coaches.

They all qualified and were awarded their first belt in Taekwondo and will progressively move to the next level.



# Prefects Investiture Ceremony

The Behaviour Management Team and the Senior Leadership Team conducted a successful Prefects Installation Ceremony on Friday 17th June 2022.

Sixty-two new prefects, selected from the current group of Year 5 students were installed during this colourful ceremony.

The boys and girls took oath of office and service to the school. The Chairman of the Primary Committee, Mr. Bhavesh Shah presided over the ceremony.

Other members of the Managing Committee present assisted in the distribution of regalia to the new prefects.

Congratulations to the Members of BMT under the counsel of Mr. Joseph Musyimi, Pastoral Coordinator.



## FATHERS DAY

The OAN Primary Campus celebrated Father's Day in style by inviting families to bring mats, cushions, blankets and picnic baskets to a movie show: The CROODS 2 on the sports field.

The movie was projected on a large screen mounted on the ground.

It attracted a good number of families who all appreciated the gesture and looked forward to many more.



# Subject based activities

The Year 2 students had interesting learning activities about Chinese Cuisine where they tried using chopsticks in place of spoons as is the tradition of the Chinese people.

They also had hands on experiences of using cleaning items such as brooms, dust pans and dusters during their Science lesson as they kept a portion of the school surrounding environmentally friendly. We appreciate all their parents for the much-valued support.



## Monday and Friday Morning Assemblies

**M**onday and Friday morning assembly presentations were perfectly organised by the teachers and the students of Year 3 and Year 6 this term.

They reminded the school about COMPASSION, COURTESY, HUMILITY, INTEGRITY, COURAGE, TRUST GRATITUDE, DETERMINATION, BELIEVING IN ONESELF, ATTITUDE,

BULLYING & EQUALITY.

We will continue with another set of year groups in the next term.

The school band did a commendable job by reverberating the morning breeze with sounds of music using a variety of musical instruments courtesy of the Music Art and Drama Department. Kudos to all!





# Science Fair Presentations

The finals of Science Fair Presentations were held on Thursday 23rd June and Friday 24th June 2022 respectively.

The judges, comprising of two Senior High Students and two OAN Nursery teachers, were greatly impressed by the high standards of presentations put -up by our students.

The results were announced to the school by the Science HOD and awards presented to the winners. They got gift vouchers of different denominations to spend at the Village Market Fun and Game Centre.



Avneet Kaur Suri  
1st Position in Year 6



Shrey Shah  
1st Position in Year 5



Aarjav Mishra  
1st Position in Year 4



Paras Limbad  
1st Position in Year 3



Lara Rao  
1st Position in Year 2



Kiaan Shah  
1st Position in Year 1



# Art/Craft Competition & Hobbies Exhibition

This annual event was held on Saturday 25th June 2022 in the Gym. Students of Yr1,2&IED displayed their hobbies collection on the stage.

Year. 3, 4, 5 & 6 students entered in the competitive Art/Craft Creativity Category. All the students did their work under the supervision of the teachers in -charge.

The winners in both Junior and Senior Categories were announced to the school and gift vouchers of various denominations were awarded to the winners.

Thumbs up to Music Art & Drama Department for a well organised event.





# SPORTS

Sports fixtures, our sporting boys and girls across the school continue to do well in the friendly matches against other schools.



Oshwal Academy Versus Nairobi International School		
U7 Boys Soccer	Oshwal won 2-0	U7 Girls Soccer Oshwal won 2 -0
U9 Boys Soccer	Drew 0-0	U9 Girls Netball Drew 3-3
U11 Boys Soccer	Oshwal won 6 - 1	

U9 Boys Soccer	Oshwal Vs St Austin's Academy. <b>Oshwal won 7-1</b>
U9 Girls Netball team	Scooped <b>2<sup>nd</sup> position</b> in the KAISO Tournament
U11 Girls Netball	<b>3<sup>rd</sup> position</b> overall in the KAISO Tournament
Tug Rugby Team	Awarded certificates of participation- <b>PIPPSA Tug Rugby Tournament</b>
Inter House Table Tennis	Winners of each house and best players across the year groups were awarded beautiful ribbons. Winning house: <b>Venus house</b> retained the trophy.



## Cycling championships

This event, organized by School of the Nation (SON) was held on Saturday 25th June 2022.

We had a good number of participants from our school who managed to do very well on the track displaying a highly competitive spirit. They were awarded medals and certificates for different age groups.



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# Sanskriti Mahotsav

**T**his event organized by Hindu Council of Kenya, was held at the Premier Club next to Premier Academy, Forest Road on Sunday 26th June 2022.

A large number of our students participated in YOGA from 7.30am to 9.30am and followed all instructions and directions keenly all through.

During the TRADITIONAL MARCH PAST which was part of the programme and closing ceremony between 5.00pm to 6.00pm, our school band stole the show as they

marched to the beat of the drums and trumpeting flute that filled the aura to the delight of all visitors.

The colourful adornment of the traditional costumes presented by our students as Gods and Goddesses, Freedom Fighters and Heroes was a picturesque part of the march past.

We appreciate the team work of the all the students, parents and teachers in making Oshwal shine in the event.



# Year 1 Presentation

The Year 1 Presentation, A sequel of "The Little Red Riding Hood" was staged on Friday, 24th June 2022, in the Junior High Auditorium by our up- coming actors and actresses who really enthralled the audience with their dialogue, song and dance.

The applause of the parents was evidence of excitement and enjoyment throughout the show. A big thank you to all parents for their support in providing the colourful costumes for the children and supporting the teachers for a successful production.

The choice of music, props and décor done by the MAD Department blended quite well with the presentation.





## Keep In Touch

KIT (Keep -In- Touch) is a session with parents and their wards class teacher. It was held on Saturday 4th June, 2022 from 8.00am to 1.30pm.

We are certain that discussions held about the student's progress will become fruitful in their learning journey.



## Field Trip

**Y**ear 1 students had a fun educational trip to Giraffe Centre, Karen on Friday 20th May 2022.

It was exciting to see and feed the adopted Giraffes at the Centre within close range.







## Head's Message

**A**s we prepare to close the school for the summer break, I would like to thank the entire Junior High Community for the support and positive contribution to the smooth running of the school.

Our term is ending on a high note, especially with the fantastic performance by our under 15 rugby team which emerged 3rd in the Turi Open tournament.

Our Year 11 students completed their IGCSE examinations smoothly and we can only wish them luck as they eagerly wait for their results.

All other year groups will as well be writing their end-of-year examina-

tions. I also take this opportunity to wish them all the best in their examinations.

As the summer break approaches, the school has organized summer activities for the students. We kindly request you enroll your children in these fun-filled activities.

The activities are open to any student aged 12 to 17. Students from other schools are also encouraged to come and take part in these activities.

*Mrs. Kekul Patel*  
Head of School  
Junior High Campus





A group of year 10 boys playing pool game



Students beach stroll



Lunch being served at the Southern Palms Hotel

## YEAR 9 AND YEAR 10 OVERNIGHT TRIP TO MOMBASA

**O**n Friday 27th of May this year, our year 9 and 10 students travelled to the south Coast of Kenya as a way of unwinding after the grueling first half of the term.

The trip was carefully planned to coincide with the mid-term break. This did provide a conducive environment for the students to bond and learn how to work together as peers.

The trip was largely recreational and students enjoyed the warm climate of the Kenyan coast. They played games, had beach strolls and generally enjoyed time with friends and classmates away from the chilly Nairobi weather.

It also provided them with the much needed time to reflect on their own lives and future targets both in academics and life as a whole.

## SCOUTS TRIP TO KENYA SCOUTS ASSOCIATION HEADQUARTERS IN LANG'ATA

**S**couting is a movement that does equip our students with the requisite skills for life. It is absolutely necessary for students to learn key survival skills such as raising tents, starting bone fires, staying with peers away from family in order to develop their independence and resilience.

They also get to learn how to trust the people they work with. On Friday 27th May, 2022, our group of scouts set out to pitch camp at the Kenya Scouts Association headquarters in Lang'ata.

This was a boot camp aimed at training our young scouts on latest development in the movement nationally. They also learnt how to cope with life's challenges outside the comfort of their homes.





## PRESIDENT'S AWARD TO MACHAKOS FOR PRE-BRONZE LEVEL EXPEDITION

**W**e have recently recruited a new team of participants for the President's Award Scheme.

The new recruits who were mainly drawn from year 8 were accompanied by a number of teachers and assessors (both internal and external). They left the school precincts on Monday 30th 2022 and spent two nights in Machakos.

The training was a huge success and does add to their journey towards completing the entire program.



## ANNUAL SCIENCE FAIR 2022

**O**n 7th June, we at Junior high conducted the Annual Science fair whose main objective was to create among our students the awareness about the importance of Science in day to day life.

Our theme this year was " Envisioning and Reinventing 2022 and beyond".

There were two categories: Junior-Year 7 & year 8 students and Senior- year 9 and 10 students. The fair included the following

subjects: Biology, Chemistry, ICT, Maths, Physics, Economics/Business studies, Humanities, Food and Nutrition.

Several enthusiastic and talented students worked individually or in groups on their Science Projects. A good number of students took up the challenge to investigate particular ideas.

The students' high quality and wide range of projects were quite impressive. We intend to send some of the best to Intel for possible admission into competition at international level





## GREEN DAY - WORLD ENVIRONMENT DAY CELEBRATIONS

**T**he entire globe celebrated the World Environment Day on 5th June. Individuals, communities, civil society, businesses and governments around the world marked the event under the theme #OnlyOneEarth, with official celebrations held in Stockholm and host country Sweden announcing a ban on issuing new licenses for the extraction of coal, oil, and natural gas from 1 July this year to protect people and planet.

We also joined the rest of the world in celebrating this event albeit belatedly on Wednesday 8th June by planting trees. With both students and staff dressed in green outfits, we reminded everyone in and around Junior High that we have only one earth and that we need to take action in as far as protection of this planet is concerned.

In an event organised by the Mazingira Safi Club, our students embraced the celebrations and did a lot in sensitising the community around Junior High. The peak of the celebrations was marked by tree planting and scores of trees were indeed grown.



## YEAR 6 STUDENTS' VISIT TO JUNIOR HIGH

**A**s we come close to the end of our academic year, we always have our guns trained on the forthcoming year. As part of our preparations, we usually invite year 6 students from our sister campus – Oshwal Academy Nairobi Primary school for a talk and a tour of the junior high campus.

The talk had been delivered to them earlier, but on Tuesday 14th June we invited them for the tour of our campus. During their visit, we divided them into two groups for easy and convenient viewing of

our facilities. One group began their tour from the left while the other began from the right.

We showed them the new Drama and Music room, the new Library Information and Communication Technology laboratories as well as the Science (Physics, Chemistry and Biology laboratories).

After the walk around, they were offered snacks before they went back to their campus. All of them were eager to join us as soon as the new Academic year begins.



## STAFF MENTAL HEALTH FORUM

**T**he teaching staff at Oshwal academy Nairobi-Senior high engaged in a forum aimed at raising capacity building on matters Mental Health on 8th of June 2022.

Being an in-house training, the school counselling department assisted by two other members of the teaching staff (Ms. Patricia & Mr. Ng'ang'a) took the staff on a session on Self Care, as a strategic tool towards combating mental health issues.

The staff were taken through different challenges including the Marshmallows' challenge aimed at raising awareness on the importance of strengthening of the base in every structure/building to ensure its stability. Mental Health being the base of every human Living.



## DUNDEE LAW SCHOOL, INTERNATIONAL MOOTING COMPETITION RESULTS & PRIZES AWARDS CEREMONY 2022

**T**he 2022 International Mooting Competition was organized by the University of Dundee (UK) for the benefit of law students worldwide.

The Competition invited teams from schools around the world to prepare written submissions and present oral arguments on each side of a hypothetical law problem set by experts in the field. The competition was focused on relevant contentious issues in law and policy and was judged by a panel of judges.

Oshwal Academy emerged 3rd overall, scooping a 2nd runner-up award. Oshwal academy students; Shloka Nair and Janet Ngotho received prizes for the best individual mooters. Awards and prizes were presented by Prof Peter McElevy from University of Dundee on the 9th of June 2022.

In attendance was the academic consultant Mrs Chotai, C.E.O Mr Vishal Shah, senior high campus committee chairman Mr Rajesh Shah and the senior high SLT.







# BTEC WADI DEGLA TRIP

BTEC trip to Wadi Degla marked the end to Term 3 2021/2022 academic year's activities. On 13th June, all BTEC students had a day out to explore the provision services in an exclusive multifaceted private entity offering Sports and Hospitality.

The Sports Club gave an opportunity to BTEC Enter-prise and Entrepreneurship students a chance to understand their business model, their day-to-day operations as well as their marketing strategies among other elements in business. The art students got a chance to capture the outdoor scenery, the modern decor along with other artistic elements used by the club.

The BTEC Hospitality students explored the range of hospitality services offered, cuisines and the customer relations elements at the club. The Sport students got an insight into how the different aspects can be integrated to provide the needs of sports and fitness enthusiasts.



# BTEC

Approved Centre from Pearson

## ADMISSIONS ONGOING FOR

- ✓ BTEC - ART AND DESIGN
- ✓ BTEC - ENTERPRISE AND ENTREPRENEURSHIP
- ✓ BTEC - INTERNATIONAL SPORT
- ✓ BTEC - HOSPITALITY

## WHY US

- ✓ Excellent results
- ✓ Experienced teachers
- ✓ Small class size
- ✓ Lovely atmosphere
- ✓ Ultra -modern facilities
- ✓ Personalized learning



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## RESIDENTIAL PROJECT AT NKAIMURUNYA HIGH SCHOOL – ONGATA RONGAI (KAJIADO NORTH)

**T**he Presidents Awards club in Oshwal Academy senior high had a very successful residential Pro-ject for the students who are about to complete their gold award.

The school that has been identified was Nkaimurunya High School in Ongata Rongai, Kajiado North. The project was carried out between 20th June and 24th of June 2022.

This is a requirement for all the participants to qualify for the award. The residential project is where the students identify a need in the community and source for resources to try and alleviate the problem.

They are required to physically carry out the project by providing their services besides collecting the resources. Nkaimurunya High school needed floor work (plastering).

### THE PROJECT

In order to try and give the learners in this school a conducive environment, the members of the club agreed to source for resources so that they plaster the floor of the School Hall. The delegation was able to achieve the objective but has some pending work to be done.

### THE PARTICIPANTS

A total of 60 participants took part in the project. They made their contribution by contributing towards the materials such as Sand, Cement and working implements used for plastering the School Hall.

The students also had an opportunity to learn about explorations at the nearby Bareezi resort in preparation for their forthcoming expedition in Wundanyi Taita County Next Month.



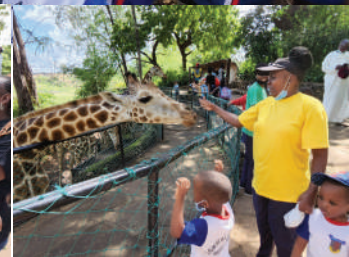
## Playgroup Exit Point 'Once Upon A Time' trip to Haller Park

Once upon a time is an exciting unit that explores the theme of 'storytelling' and aims to foster an appreciation for reading.

The unit is engaging with a range of fun stories, exploration, and much more. To celebrate the unit, the learners went on a trip to Haller Park.

They learnt how to care of animals while discussing:

- What animals they saw
- What animals eat
- What sound animals make



## KG 2 Exit Point 'Once Upon A Time' trip to Travellers Beach Hotel

Our learners have been learning about the IEYC unit, "Weather Wonders!" To complement their learning, the school organized an educational trip to Travellers Beach Hotel.

They learnt about the different types of climate and discussed some important information such as, what the weather was like and what they should wear in the respective type of weather.



## KG 1 Trip to Travellers Beach Hotel

This term, our learners have been exploring the IEYC Units, 'Once Upon A Time' and 'Ocean Treasures'. To enhance their learning, they went on a trip to Travellers Beach Hotel on Friday 24th June 2022.

The objective of the trip was to enable learners to explore and discover more about the sea creatures, their habitat and different activities which take place at the beach. They also learnt about the treasures that are easily available at the beach.

During the trip, they interacted with different animators who had various activities including camel riding. Later, the learners picked shells and made sand castles while discussing:

- Animals that like crawling side by side.
- The different colours of seaweeds.
- The difference between wet and dry beach sand.
- They also learnt the importance of keeping the environment clean.



## KG 3 Exit Point 'Ocean Treasures' trip to Marine Park

After an Entry Point for the unit "Ocean Treasures", our learners have been exploring real life experiences to complement their learning.

The students took an educational trip to the Marine Park on Thursday 23rd June 2022. The learners went on a boat ride and had an opportunity to see different sea creatures whilst on the glass bottom boat.

The objective of the trip was to enable learners to explore and learn more about sea creatures. During the trip they were able to achieve many learning goals which included:

- Identifying their favourite sea creatures and why they are their favourite.
- Also, identifying various activities that take place at the beach.





## Year 1 Exit Point 'Super Humans'

The theme for this unit - the human body

### The big idea

Your body is a bundle of bones, muscles, senses and nerves all connected together to make you a human. But how do these parts of the body work with the brain?

In science, the learners found out:

- What the main external parts of the body are called.
- What the five human senses are.
- How they can see, hear, smell, taste and touch.
- How the brain connects to other body parts.
- How to eat healthily and get enough exercise.
- How and why people use medicines.
- Why body hygiene is important.
- How to plan and prepare a healthy meal.



To learn and understand the unit better, the learners carried out different research activities to answer some important research questions such as, why their eye pupil changes in size, how their sense of touch works, how sound travels into the human ear and much more.



## Year 2 Exit Point 'The Earth: Our Home' Trip to Butterfly Pavilion

To start off the unit, 'The Earth: Our Home' our Year Two learners went on a letter treasure hunt. They were given a variety of pictures of locations where the 'treasure' was hidden. Upon finding the treasure, they were required to find the magic words, 'The Earth: Our Home'.

In groups they went hunting all around the campus searching for clues by referring to the pictures they were provided with.

After finding out how unique the earth is; the earth is full of life with over 2 million species of living

things inhabiting our mountains, deserts, forests, caves, lakes, rivers and oceans the learners were ready to celebrate the unit by visiting Butterfly Pavilion on Tuesday 5th July 2022.

The purpose of this trip was to:

- Identify the homes of various insects amongst the butterflies.
- Identify the stages of growth of the butterfly.
- Establish the link between different animals and plants in an ecosystem- Food chains.





## JUNIOR SCHOOL GYMNASTICS CLASS PHOTO GALLERY



## World Scholar's Cup (WSC)

**T**he WSC program is a platform for academic competitions that take place, regionally and globally leading to the final event – ToC #TournamentofChampions .

On 18th and 19th June 2022, a group of 18 participants took part in Nairobi World Scholar's Cup at Brookhouse School, Nairobi. A total of about 360 students took part from 20 International and local schools in Nairobi.

Our students shone in the various competitive events and brought home a total of 100 Medals: 70 gold and 30 Silver. In addition, they scooped 1 individual trophy and 3 team trophies.

Despite the competition from top international schools in Nairobi, they proved their mettle in the competition. A total of four teams qualified to take part in the global round of their choice between the months of August and September, 2022.

Congratulation to all the participants and their advisor, Ms. Elnora!





# Year 7 Watamu Trip

Field learning is a key component of the I.M.Y.C curriculum and the wider Cambridge Assessment International Examination – C.A.I.E. Curriculum.

The Year 7 trip was aimed at complementing learning objectives in the following areas:

- Conservation of the natural forest, Arabuko Sokoke area.
- Sabaki estuarine ecosystems including the coastal sand dunes.
- Historical and cultural monuments and their importance to tourism at Gedi ruins.
- Bio snake farm and its importance in medical care.
- Marine ecosystem and conservation at Watamu Marine Park.
- Industrial development, urban settlement and rural settlements along the North Coast development corridor of Kenya.



## OAM Pre-Bronze Expedition - Kaloleni

The International Award (Presidents Award –Kenya) is an exciting self-development programme available to all young people worldwide equipping them with life skills to make a difference for themselves, their communities, country and the world.

The award concept is one of a kind. It presents young people with a balanced, non- competitive programme of voluntary activities, which encourages personal discovery and growth, perseverance, responsibility to themselves and service to their community.

The programme helps young learners who have turned 14 years old to learn new skills, assist others in developing better leadership qualities, experience adventure, build and nature their physical abilities and gain a great sense of achievement.





## President's Awards- Gold

**T**en OAM students took off to ascend the highest peak in Africa on 20th - 27th. This was the thirteenth group to face the annual challenge organised for OAM learners. Four participants made it to Uhuru peak.

### President's Awards Adventurous Journey to Magnificent Mount Kilimanjaro

On the 20th of June at 5.30am we set off on a journey that will always remain in our memory!

After a somewhat chaotic travel: interesting bus and border immigration drama; we finally arrived at Moshi, where we rested for the night. The next day dawned bright and sunny and we were greeted by a strong, friendly team of guides with a sunnier disposition, who would assist us to navigate the site over the next six days of our journey to Mount Kilimanjaro.

After numerous, dreadful steps through the rainforest we finally arrived at Mandara Camp only to discover that Coach Tom's bag had not made it there. The next day we hiked for eight hours, on rocky terrain, to Horombo Camp and were pleasantly rewarded with sitting English toilets- what a

luxury.

The following day was acclimatisation and we trekked to Zebra Rocks, where we were forewarned of the 'chill' factor when we found sheets of ice. Mother Nature decided to test us when we proceeded from Horombo Camp to Kibo Camp: saddle with a glaring sun while the howling wind was intent on chilling our bones.

What is midnight – day or night? Our climb to the summit began then, after personally getting a maximum of 20 minutes of shut eye. Like blind mice, we zigzagged to reach Gilman's Point and from there to Stella Point.

Our final ascent began. We were exhausted and the phrase "so close, yet so far" never had more a fitting time than now. The Uhuru Peak loomed over us, fooling us that it was at only an arms' length away, but the rocks never seemed to end! In the end, it was more of a mental battle than a physical one, but after persuasion from the guides and our perseverance, we finally ascended to the summit.

A huge wave of accomplishment washed over us. We had made it. We were at the highest point in Africa – Uhuru Peak! We had conquered the challenge!

Falling snow celebrated us like confetti, on our descent down the mountain. It was glorious. "Pole pole." These were the words that resonated amidst the rocks and truthfully, the best advice to help you summit Mount Kilimanjaro.

From the dreaded, "Two minutes remaining," of a break that had only just begun to the warm ginger tea and the company of everyone who had accepted this challenge, it was definitely a remarkable experience to remember for a lifetime!

Memoir by: Kreeshi Shavdia, Year 12



# Academic Progress Meetings (AP)

OAM held AP meetings on 7th and 8th of July for Year 1 to 10. During the meetings, parents got a chance to discuss students' performance.

These meetings are very valuable and boost school and home partnerships which are beneficial for both the student and the school.

OAM AP provides the opportunity to:

- Share academic progress and growth based on classroom observations, testing data, assessments, portfolios and assignments.
- Learn from parents or guardians so that we can be better informed about students' strengths, needs, behaviors and learning styles.
- Discuss enrichment or intervention strategies to support students' learning.
- Discuss issues that may be interfering with students' learning and growth.



# Year 12 Curriculum Evening

Throughout the year OAM delivers parent/ student curriculum evenings detailing information about the curriculum and how parents can support their children in making informed decisions about their career choices.

The school also invites educational consultants who present various opportunities for students who aspire to seek higher learning overseas.







# Graduation Ceremony

**O**n Friday, 30th June 2022, OAM hosted Year 11 and 13 Senior School Graduation Ceremony. This occasion marked a great day in initiation of the school's graduands as it was a transition to their new level of learning.

The event was graced by the School Management Committee (SMC) Chairman, Mr. Mukesh Malde and the guest speaker, Mr. John Musuva. In their speeches, they both sent congratulatory messages to the graduates and offered some words of encouragement.

On Friday 1st July, the Junior School section also hosted their annual graduation ceremony which was graced by Mrs. Rupal Shah. She encouraged the gradu-ates to always strive to achieve better, and urged the parents to constantly purpose to be present in the lives of their children even through the digital space.

In her speech, she also shared her beautiful journey as a teacher while recognizing the important role teachers play. On Wednesday 6th July, OAM hosted the annual Kindergarten Graduation Ceremony.

The guest speakers were, Mr. James Mturi, Mrs. Sejal Alpen Shah and Mr. Robert Mwatha. We wish to thank all our guest speakers for their remarkable words of encouragement to the learners.

We take this opportunity to applaud all our students who graduated. We recognize their dedication and hard work in making this remarkable transition a success.





### Music Practicals - African Traditional Dances (Gallery)



### Senior School PROM 2022 image gallery





## Oshwal College Career Week: Early exposure to career guidance

In choosing the right career, it is important to have a clear understanding of the different courses one could pursue. From 13th -18th June 2022, Oshwal College hosted students from 7 High Schools in Nairobi for a week-long career week that was facilitated by Oshwal College career experts and professionals from the industry.

A part from learning about our courses, the students were also taken through the various opportunities that are available after studying the various academic, professional and certification programmes as well as how to discover and choose careers that match up with their goals and ambitions.



**“We stand by the choices we make, but sometimes to help make those choices are the people behind who stand by us”-Mehtar Bhagat**

**Join us in our July 2022 intake and learn the art of making career choices**





# OSHWAL COLLEGE

Centre of Academic Excellence  
Since 1992

**July 2022 Intake  
Ongoing!  
Join with  
Mock Results**

## **Undergraduate Programmes**

- **Bachelor of Arts (Hons) Business Administration - University of Hertfordshire (UK)**
- **Bachelor of Science (Hons) Computing - University of Greenwich (UK)**

## **Diploma Programmes**

- **PEARSON BTEC - Diploma in Information Technology (UK)**
- **PEARSON BTEC - Diploma in Business (UK)**

## **Professional Programmes**

- **ABE - Diploma in Business Management (UK)**
- **ACCA FIA - Foundations in Accountancy (UK)**
- **ACCA - The Association of Chartered Certified Accountants (UK)**
- **ACA - ICAEW Chartered Accountant (UK)**
- **CFA - Chartered Financial Analyst (USA)**
- **CISI - Chartered Institute for Securities and Investment (UK)**
- **CIPS - Chartered Institute of Procurement and Supply (UK)**
- **CHRP - Certified Human Resource Professional (Kenya)**
- **CPA - Certified Public Accountants (Kenya)**

## ***Why Oshwal College?***

- **FREE transport**
- **FREE original study texts for ACCA programme**
- **FREE digital learning resources for ALL other programmes**
- **Qualified and experienced teaching staff**
- **Personalised attention/one-to-one student guidance**
- **Flexible learning modes-Face to face/blended/online**
- **Tutorial support by tutors from UK Universities**
- **Summer classes in UK**



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